



Mary Frances Ross Cowan

April 19, 1941 - January 21, 2026

Mary Frances (Ross) Cowan crossed over to be with her Heavenly Father on Wednesday, January 21, 2026, at the age of 84. She was preceded in death by her two husbands, H.L. Cowan and Fred Ross, Jr., her parents James Lonnie and Clara Walls, her brother-in-law and sister, Norman and Ann McWaters, and stepson, Bobby Cowan. She is survived by her children, Rene (Sandy) Ross and Guy (Teresa) Ross, step-children, David (Darlene) Cowan, Fred (Reneea) Ross III, and Joy Ross Davis, and siblings Herman (Cheryl) Walls and Maxie (Janice) Walls, as well as nephews, nieces, step-grandchildren, and great-nephews, great-nieces, and great step-grandchildren, who all loved and cared for her throughout her lifetime.

Frances was a former State employee, serving as a cafeteria manager for a few local public schools until her retirement. She was raised in a Christian household and continued in this faith throughout her life as a faithful Bible reader and member of churches, even serving as a pastor's wife while married to H.L. Most recently she has faithfully attended Shady Grove Baptist Church, caring for multiple members there and teaching Sunday School. Her family gives much thanks to her church family for how they have shown love and support to Frances over the last few years, particularly.

Services will be held at Bessemer Brown Service Funeral Home on Wednesday, January 28, 2026 with visitation at 10:00am and the funeral

service at 11:00am. Burial will be to follow at Highland Memorial Gardens. This will be officiated by her current pastor, Patrick Buckner, and former pastor, Jimmy McCoy. In lieu of flowers, please donate funds to Shady Grove Baptist Church, Jefferson County Humane Society, or charity of your choice in Frances' memory.

Cemetery Details

Highland Memorial Gardens

3115 18th Ave
Bessemer, AL 35020

Previous Events

Receive Friends

JAN 28. 10:00 AM - 11:00 AM (CT)

Bessemer Brown Service Funeral Home
1300 4th Avenue N
Bessemer, AL 35020
(205) 425-2424
bessemer-brown@hotmail.com
<https://www.bessemerbrownfh.com/>

Funeral Service

JAN 28. 11:00 AM (CT)

Bessemer Brown Service Funeral Home
1300 4th Avenue N
Bessemer, AL 35020
(205) 425-2424
bessemer-brown@hotmail.com
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Tribute Wall

BR

“ I was truly blessed to have been a small part of your life. You will be missed by all that loved you. Heaven truly got an angel back. Love You Frances.

Brandy Reeves - January 28 at 08:48 AM

GR

“ To my mother u will know what u ment to me. Love always an send this love on the wings of angels you to be with . Love Guy Robert

Guy Ross - January 25 at 10:49 AM



“ I wish I was around more. Aunt Frances always gave the best hugs and was always the best. Everytime we had a family function ide always go running up to her to say hey I love you.



Kat Sweatman - January 24 at 05:04 PM