



Sonya LaGrone Rainey

June 26, 1962 - August 16, 2023

Sonya LaGrone Rainey (6/26/62-8/16/23)

We are saddened to announce that Heaven gained a special angel, Sonya LaGrone Rainey, age 61, of Bessemer, Alabama went to be with the Lord on August 16, 2023. Sonya was predeceased by her mother in Law, Florence Rainey and Grandmother, Lillian LaGrone Morris. Sonya leaves behind a beloved husband of 37 years, Edward who was by her side daily and her mother of immeasurable love, Mary Jo LaGrone. Sonya also leaves behind her aunts and uncles, whom she loved without question and a host of cousins and friends who absolutely adored her. When Sonya married Edward, she went with him without hesitation to live in Chicago where she also gained an extended family and many friends after having lived there for over 20 years. Sonya would also, I know, love for us to mention her dear buddy, Ethan Goforth. She and Ethan were buddies from the time he was born. She had great joy in spending time with him and watching him grow. Sonya's laugh was contagious, and her loving spirit was always ready to help someone in need and lend an ear on many occasions. She had an immense passion for animals as well, with her two cats and her wild and crazy dog she loved, Barney who will I'm sure be missing her in the days to come. Bessemer Brown Service Funeral Home, 1300 4th Avenue N., Bessemer, Alabama 35020 will be providing the arrangements with Pastor Steve Knox officiating. The service will be Tuesday, August 22, 2023. Visitation will be 10:00 am – 11:00 am with a memorial service beginning at 11:00 am.

In lieu of flowers, the family is requesting donations to be made in Sonya's name to the Greater Birmingham Humane Society or to the American Diabetes Association.

Previous Events

Visitation

AUG **22**. 10:00 AM - 11:00 AM (CT)

Bessemer Brown Service Funeral Home
1300 4th Avenue N
Bessemer, AL 35020
(205) 425-2424
bessemer-brown@hotmail.com
<https://www.bessemerbrownfh.com/>

Service

AUG **22**. 11:00 AM (CT)

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Tribute Wall

BL

“ I am completely devastated,i didn't even know she was gone.iam so sorry Aunt Mary joe,my number is 2054461776 please call me.brody lagrone.

Brody lagrone - July 18, 2025 at 11:40 AM



“ Simply Elegant Spathiphyllum was purchased for the family of Sonya LaGrone Rainey.



August 21, 2023 at 01:01 PM

CD

“ My favorite memory of Sonya was when I made lasagna for the first time. I brought her some at work for her to try and she took a bite and opened her mouth wide and said "you call this lasagna?". My reaction was priceless and felt bad, I don't even remember if I said anything. Then she laughed so hard and told me "I got you! It is VERY good!".

I knew she meant that because she was a very picky eater.

I will surely miss you commenting randomly on my Facebook post and every time you do, you follow it up with "I luv you". Rest in peace, my friend. I am sure you will be missed by many.

Cristina Dabu - August 19, 2023 at 02:05 AM

EG

My favorite memories of Sonya was staying up late and playing Uno and watching TV, Rest in peace I love you Sonya ❤️❤️❤️

Ethan Goforth - August 20, 2023 at 11:11 PM